

Professor Shrikala Warriar MA, Ph.D, FHEA
Biographical Note

Prof. Shrikala Warriar is the Dean of MAYUR: The Ayurvedic University of Europe. A Medical Anthropologist by training, she has over 30 years of experience teaching at universities in India and the UK. She has also worked in the NHS and was a Research Consultant to the World Health Organisation and various health charities, including the British Red Cross and Helen House, the first children's hospice in the world. Her involvement with Ayurveda has been entirely as an educationalist.

Prof. Warriar helped to develop the first degree programme in Ayurveda outside India with the Ayurvedic Co. of Great Britain. This degree was launched in September 1999 at Thames Valley University, London, and has produced over 120 Ayurvedic graduates, many of whom practice after completing a mandatory 1000 hours of Clinical training/Internship under the supervision of qualified Ayurvedic doctors.

MAYUR, the first Indian-owned University outside India, was established in June 2004. It is a pioneering institution set up to protect and promote two of India's greatest legacies to humanity, namely Ayurveda and Yoga. The B.Sc (Hons) Ayurveda and B.Sc (Hons) Yoga degrees are academically rigorous programmes based on the authentic tradition. The duration of both programmes is 3 years. Lord Walton of Detchant who chaired the House of Lords Select Committee on Complementary and Alternative Medicine in 1999/2000 is one of the Governors of MAYUR.

MAYUR: The Ayurvedic University of Europe has also initiated the move towards integrating Ayurveda and Yoga with conventional or orthodox medicine. Two of London University's leading medical schools, St. George's Medical School and St. Bartholomew's and the London Medical School have accepted Special Study Modules in Ayurveda and Yoga Therapy and send their medical undergraduate students to MAYUR for these modules.

Prof. Warriar represented the British Ayurvedic Medical Council (BAMC) and its affiliate, the British Association of Accredited Ayurvedic Practitioners (BAAAP) on the Herbal Medicine Regulatory Working Group, which was set up by the Department of Health in 2002 in response to the House of Lords report on CAM.

Prof. Warriar has a number of publications to her credit including a cross-cultural approach to rites of passage and the celebration of festivals which has been used as a textbook for a degree in Religious Studies at the University of Georgia, USA for several years. She is a Fellow of the Higher Education Academy of the UK. She is also the Editor of BAMC and BAAAP Ayurvedic research monographs.